



## Who We Are

The Child Center of NY began in 1953 as a children's counseling center. Today, it is a powerful community presence throughout NYC, reaching more than 55,000 individuals and families each year. We serve children and adults at our wellness centers, helping them through a range of issues so they can overcome the challenges they may face and reach their full potential.

Our caring and qualified staff help clients from infancy to adulthood build resilience, develop social-emotional skills, work through trauma, improve self-esteem, succeed in school and careers, and develop coping skills that will help them handle challenges now and in the future.

We offer services for the whole family so that you and your loved ones can get the help you need in one convenient place, in your neighborhood, in the language you speak, with staff who understand the challenges you face. With a myriad of programs throughout Queens, Bronx, Brooklyn, Manhattan, Staten Island, and Nassau and Suffolk Counties, we offer linkages between our wellness centers and other types of programs, such as early childhood education and youth development, to provide comprehensive programming for the entire family.

## Our staff includes:

- Licensed Clinical Social Workers
- Integrated Care Coordinators
- Licensed Mental Health Counselors
- Psychiatrists
- Nurse Psychiatric Practitioners
- CASACs – Credentialed Alcohol and Substance Abuse Counselors

### Jamaica Family Wellness Center

163-18 Jamaica Avenue, Second Floor, Jamaica, NY 11432  
**Public transportation:** Subway: E, J, Z train to Jamaica Center stop; walk three blocks north on Jamaica Avenue.

### Macari Family Wellness Center

140-15B Sanford Avenue, Second Floor, Flushing, NY 11355  
**Public transportation:** Subway: #7 train to Main St. Bus: Q17, Q20A/B, Q25, Q32, Q34, Q44, Q65, LIRR to Main St.

### Cohen Family Wellness Center

43-08 52nd Street, Second Floor, Woodside NY 11377  
**Public transportation:** Subway: 7 train to 52 St. LIRR: Woodside Station (10-15-minute walk). Bus: Q32 to Roosevelt Ave/51 St. Q60 to Queens Blvd./52nd St.

Wellness centers are open six days a week for in-person and tele-health services.

**Main Wellness Center number: 718-358-8288**

**Fax: 718-358-5265**

**Email: [ChildCenterNYintake@childcenterny.org](mailto:ChildCenterNYintake@childcenterny.org)**

Scan here to learn more about our programs.



[childcenterny.org](http://childcenterny.org)

# Military Services

Outpatient mental health services for children, adolescents, adults, and family members



## Military Services

The Child Center of NY is dedicated to ensuring that current and former members (regardless of discharge) of the military receive the high-quality care they deserve to overcome challenges they may face and lead healthy, fulfilling lives.

Our goal is to provide military service members and their family members a safe and therapeutic environment to optimize successful recovery from substance use and co-occurring disorders, in a military-focused environment.

### Our holistic approach helps clients:

- Address substance abuse concerns by utilizing person-centered care
- Develop and maintain healthy relationships
- Create positive coping skills
- Improve family relationships
- Transition to civilian life and support affected family members

### Services we provide:

- Individual and family group counseling. All ages are accepted, from children to adults.
- Trauma-informed care with a team trained in military culture
- Counseling or treatment for co-occurring disorders
- Specialized group therapy
- Evidence-based groups
- Gender-specific recovery groups
- Psychiatric evaluations
- Psychoeducation
- Medication-assisted treatment
- Vocational counseling and referrals
- Military services

### Other services we offer:

- Child Center Benefits Access
- Early Childhood Mental Health Initiative
- JobNet internship program
- ParentChild+
- Primary medical care for children and adults
- Asian Outreach Program
- Macari Perinatal Intensive Outpatient Program
- OnTrackNY for young adults experiencing early psychosis
- Youth Intensive Outpatient Program
- Medical services at Jamaica Family Wellness Center and Macari Family Wellness Center through Strong Children Wellness
- We provide wraparound services through our various programs and initiatives



## Languages Spoken

### Jamaica Family Wellness Center:

Bengali, Creole, English, Spanish, and others

### Macari Family Wellness Center:

Bengali, Chinese (Mandarin and Cantonese), English, Hindi, Korean, Spanish, Tagalog, Urdu, and others

### Cohen Family Wellness Center:

Bengali, Creole, English, Romanian, Spanish, and others

**Convenient. Community-Centered.  
Your Choice of Wellness  
Programming for the Entire Family.**

## Need-Based Program Costs

The Child Center of NY provides multiservice, all-access community wellness centers available to all individuals regardless of age, gender, race, or income. Our services are provided based on financial need and on a sliding scale, and we accept Medicaid. All are welcome, and we will find a financial solution based on your individual needs.